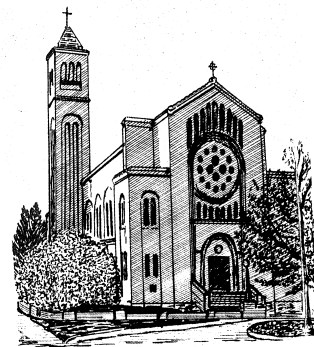


St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)

19th Sunday in
Ordinary Time
Year A -
9 August 2020

Archdiocese of Canberra & Goulburn
Archbishop: Most Rev Christopher Prowse DD STD
Vicar General: Fr Tony Percy VG
Administrator: Fr Trenton van Reesch
Assistant Priest: Fr Norvin Dias



Masses will be offered
with a maximum of 100
people present until
further notice.

PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (bh) Emergency Phone for Priests: 0491 072 304
cathedral@cg.org.au www.cg.org.au/cathedral
Online Payments Link: <https://www.bpoint.com.au/payments/sccp>
Parish Secretary: Michelle O'Connor—Mon-Fri, 8.30am-12.15pm, 12.45pm-4.30pm
Accounts Officer: Karina Widjaja—Friday, 8am-4pm

Sunday Mass

St Christopher's

Cnr Canberra Ave & Furneaux
Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am, 9am
11.00am (livestreamed),
5.30pm

St Peter Chanel's

Cnr Weston & Loch Streets,
Yarralumla ACT

Saturday: 6.00pm Vigil

Sunday: 9.30am
2.00-3.00pm Adoration
& Confessions

Weekday Mass

St Christopher's

Monday to Friday: 7.30am &
12.15pm

Saturday: 9.00am & 12.15pm

St Peter Chanel's

Tuesday: 5.30pm

Thursday: 10.00am (9.30am
Adoration): Anointing Mass first
Thursday of the month.

Reconciliation

St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Saturday: 5.15 - 5.45pm

Adoration

St Christopher's

Tuesday to Friday: 5.00-6.00pm

Baptisms

Sundays: 12.30pm

Weddings

St Christopher's: Saturday
1.30pm & 3.00pm

St Peter Chanel's: By arrangement

Dear Visitors and Parishioners of Saint Christopher's Cathedral Parish,

In the beautiful Gospel given to us this week, it is the 4th watch of the night, that is to say between 3 to 6am, and Jesus comes to His disciples, walking on the lake. This is a powerful, and stirring image. The lake is rough and the disciples are "battling with a heavy sea". How familiar this image is in these days as we too battle, personally, locally, and globally. I am reminded of G.K. Chesterton's well known quote: "Not only are we all in the same boat, but we are all sea sick!"

Keep in mind that among those in the boat were some who had spent most of their lives as fisherman on this sea, and even they feared the encircling storms. When the figure begins to approach their boat, they are struck with *fear*. Until when? Until the Lord speaks! Peter then, in a faith which dispels the fear welling up all around him, calls out: "Lord, if it's really you, tell me to come to you across the water." "Come!" Jesus immediately replies.

Throughout the Old Testament and in the ancient Hebrew world, water was often a symbol of disorder and chaos. We need only think of the creation story when, from a dark, watery chaos God starts his creative work bringing order from chaos (Gen. 1:1ff.)

Notice that when Jesus calls Peter to "come", He does not first rebuke and calm the wind and the waves. In fact, at this point the storm continues. Peter steps out from the security of the boat and his brothers, but soon notices the waves and wind, and as he does, his focus shifts. Fear seizes and paralyses him, and he begins to sink. Stepping out in faith does not mean immunity from feelings of fear nor discouragement, nor does it mean that the storms which plague us will cease (at least, not immediately). But it does mean having one single focus, *Jesus*.

"Do not be afraid": believe it or not, is the most repeated phrase in the scriptures, and yet so often we allow fear to seize us! The Lord is not speaking to our emotions here, since one cannot command their emotions. Rather He speaks to our will. We choose not to allow fear to paralyse us. When the storms continue to rage, at times seemingly insurmountable, welling up into waves of uncertainty and doubt – Jesus calls us to gaze *to* Him, to trust *in* Him, to rely *upon* Him.

Peter began to sink, *only* when he "felt the force of the wind" and stopped walking. Let us *keep walking*. Walking to Him who calms the storm and comforts the human heart. "Do not be afraid", He says through the storm, "for I am with you, come to me!"

Next Saturday is the Solemnity of the **Assumption of the Blessed Virgin Mary: Saturday August 15**, when Mary, "having completed her course of her earthly life, was assumed body and soul into heavenly glory". While this doctrine was only defined as an article of faith as recent as 1950, the Assumption of Our Lady into heaven has been believed and celebrated by Christians from the earliest days.

The Assumption of Mary is a singular participation in her Son's Resurrection and an anticipation of our own future resurrection. On the occasion of this magnificent solemnity Pope Francis reminds us precisely why we have no reason to be afraid! For this is what Christ promises! Life with Him. The Pope said, therefore on this day we invoke Mary as the "Gate of Heaven". "There she awaits us, just as a mother waits for her children to come home". We are 'pilgrims' on our way home. Seeing that "in paradise, together with Christ, the New Adam, there is also her, Mary, the new Eve, giving us comfort and hope in our pilgrimage down here".

This week, let us step out in faith, focused on Jesus who calls us to Him, and as the storm continues around us, may we only hear those life-giving words of our Master, His hands extended, "Take courage! It is I. Don't be afraid." (Matt 14:27).

Father Trenton van Reesch
Administrator, St Christopher's Cathedral Parish

PARISH NEWS

**PLEASE DO NOT REMOVE OR REPOSITION
'SIT HERE' SIGNS ON THE PEWS.**

PARISH MINISTRIES

Director of Music: Jaki Kane

RCIA—Fr Trenton van Reesch

Contact office to register your interest for next RCIA program.

School of Religion

See details below

Youth Minister—Chiara Catanzariti

Email: chiara.catanzariti@cg.org.au

Weekly Liturgical Calendar

Mon 10 Aug St Lawrence, deacon, martyr

Tue 11 Aug St Clare, virgin

Wed 12 Aug 19th week in Ordinary Time

Thu 13 Aug 19th week in Ordinary Time

Fri 14 Aug St Maximilian Mary Kolbe, priest, martyr

Sat 15 Aug The Assumption of the Blessed Virgin Mary

Sun 16 Aug 20th Sunday in Ordinary time

Legion of Mary

Saturdays 3pm, Haydon Hall
Contact: 0431 060 556

St Vincent de Paul

Assisting people in need and combatting social injustice in our community

Young Adults

Animating parish and Archdiocesan life through prayer and event participation

Thursday 6.30pm Rosary/Bible Sharing/Fellowship SCC
Geetanjali Rogers

Good Shepherd Prayer Group

Wednesday at 7pm SPC
Parish Room (Feb-Dec)

Christian Meditation

Saturday at 5pm SPC
"Be still and know that I am God" (Psalm 46:10)

Other Communities

Spanish Community

First Sunday of the month at 11.30am SPC

African Community

Second Sunday of the month at 11.45am SPC

Filipino Community

First Sunday bi-monthly at 5.00pm SPC

For details of any of the above, contact the Parish Office.

Notice about Covid-19 Restrictions:

Thank you too all who have consistently adhered to the Covid-19 protocols in our parish and Archdiocese. We are enabled to continue our prayer and worship because of your care and attention to this. Please ensure you continue to **sanitise your hands frequently** and **wipe your pew upon exiting**.

Attention: The Sunday 9am Mass was one of the Masses added to the Cathedral Schedule to accommodate parishioners when the church was reopened. The last 9am Sunday Mass will be on 9 August. From Sunday 16th onward, there will no longer be a 9am Mass offered at the Cathedral. Please note the regular 9:30am Mass will continue to be offered at Saint Peter Chanel's.

CHRIST IS CALLING... ARE YOU LISTENING? Hearing God's call and responding to our vocation in life is a source of great joy and peace. You may feel you are being called to the **priesthood or religious life**, but are still unsure. Do not be afraid to answer. Claim the date: Vocations Weekend for those discerning a call to the priesthood – **18th-20th September 2020**, Galong Monastery. More information to come. Contact Fr Nulley, Archdiocesan Vocations Director or Fr Trenton, Assistant. paul_nulley@cg.org.au. trenton.vanreesch@cg.org.au.

Planned giving Contributions: Planned Giving Envelopes for the 2020-2021 financial year are available in the church. Please use only these new envelopes from July onwards, rather than any remaining 2019-2020 envelopes. (Some envelopes numbers will be changed for this coming financial year so we want to avoid any confusion from using the old envelope numbers). Thank you very much to all our generous givers.

2019/20 Tax receipts are available this weekend in the church. If you have supplied your email, please check your inbox for your receipt (also check your junk mail). Otherwise your receipt will be in the church.

'Reflections of Faith'. the design, symbols and meanings of the stained glass windows of St Peter Chanel's Church, Yarralumla. Interested readers can purchase a copy of 'Reflections of Faith' for \$5.00 from St Christopher's Parish Office, with all proceeds being donated to St Vincent de Paul. We congratulate Gloria Osborne on her work.

Catholic Weekly printed paper—Back on sale for \$2 per copy this weekend. Catholic Weekly found in the Franklin Street foyer. Please place payment in the Poor Box.

New ways of Giving

- Direct Debit
- Qkr app
- Tap & Go
- Collection Point

More information:
www.cg.org.au/cathedral or contact Parish office 6239 9846.

2020 CATHEDRAL PARISH SCHOOL OF RELIGION PROGRAM RECOMMENCING

First Reconciliation (yr 3 children): classes start Mon, 17 Aug 2020, 6pm-7.30pm at St Peter Chanel's Parish Room. The Sacrament of First Reconciliation will occur on 9 Sept. 2020.

First Eucharist (yr 4 children): classes start Mon, 17 Aug 2020, 6pm-7.30pm at St Peter Chanel's Church. The First Eucharist Mass will occur on 20 September at the 11am Mass, Cathedral.

Confirmation (yr 5 & 6 children): classes start Mon, 12 Oct 2020, 6pm-7.30pm at St Peter Chanel's Parish Room, Yarralumla. Confirmation Mass will occur on Wed, 18 Nov 2020 at 6pm.

These programs are for children who live in Barton, Causeway, Deakin, Forrest, Fyshwick, Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla or attend school in these suburbs. Children must have received the Sacrament of First Reconciliation and First Eucharist prior to Confirmation. More info. & Enrolment form on www.cg.org.au/cathedral or contact the Parish Office on 6239 9846.

Adventurers Primary Age Youth Group:

Sunday's at 8.45am at St Peter Chanel's our *Primary youth group Young Adventurers*, will gather at SPC before 9:30am Mass. Next Meeting: 9 Aug

Young adults and professionals:

Bible study every Thursday night 6:30-7:30 at Haydon Hall. **New members are always welcome!** Join 'Canberra Cathedral Young Adults' on Facebook to keep updated on all events! **Young Adults Brunch—30 Aug**, join us for 11am Mass at the Cathedral followed by brunch together! Please email me at chiara.catanzariti@cg.org.au



OTHER NEWS

Mass live streamed daily from the St Christopher's Cathedral. Sunday at 11:00am. <https://www.catholicvoice.org.au/mass-online/>

NEW PROTOCOLS - Please familiarize yourself with current guidelines

- In accordance with government restrictions, **only 100 people** are permitted in the church at any one time. Entry to Mass will be through one door.
- ALL PARISHIONERS & VISITORS MUST sign in upon entry. Records are renewed daily & destroyed after 28 days.
- All attendees (including children) must complete the Mass Register prior to entry.
- Communion is to be received in the hand only & not under the species of the Precious Blood.
- Physical distancing rules still apply—respecting the 4sqm p/p rule.
- Please sit where there is a 'Please sit here' marker. Every 2nd pew is closed. NB: Families can sit together.
- Please use the hand sanitiser upon entry and clean your pew/space with the wipes provided at entrances.
- There will be no physical contact at the sign of peace.
- No collection plates to be passed around, but money/envelopes placed at collection points.

Please Note: Maintain social distancing 1.5m, at all times, including in the single line formed to receive Holy Communion. Blue squares on the tiles mark this distance. Thank you for your assistance in keeping everyone safe.

SAFE CHURCH TRANSPORT - A Transport Service that Provides a Companion. Do you or someone close to you wish to attend church but don't have the means or a companion to make it happen? **CareTaxi** is your answer. Your fulfilment is our blessing! Holy Mass, Medical/GP appointments, shopping trips, recreational trips, sightseeing, school trip and more; our qualified and caring drivers can assist you. Visit www.caretaxi.com.au, call +61 451 734 334 or email services@caretaxi.com.au.



CARE TAXI
Wellbeing for all

CCR 2 day seminar on "Christ-like Leadership" with Joe and Julie Chircop from the Servants of Jesus Community. At St Benedict's Church, Narrabundah. Fri. 21 Aug, 5:30-9pm & Sat. 22 Aug 9am-4pm. Come and learn about Jesus' way of servant leadership! All welcome! Free with collections taken to cover costs. Soup supper available on Fri night. Bring your own Lunch on Saturday. To register call Neda 0415 266 019 or Maida 0423 658 326 or online at www.ccract.org.au.

Women's Retreat Day - 22 Aug, 9am and concluding with dinner, St Thomas the Apostle, 37 Boddington Cres, Kambah. The retreat is based on St Catherine of Siena's words "Be who you are mean to be and you will set the world on fire". This event is both an in-person event and available online. More Info: mgl sisters@gmail.com.

Women's Reflection Afternoon—29 Aug, 2-4pm (livestreamed). Participate at home or gather with friends wherever you have internet access. The afternoon will include two inspiring talks and several short guided prayer experiences provided by local prayer groups and movements. Hosted by the Archdiocesan Women's Taskforce. More details next week. Enquiries Email catholic.women@cg.org.au or ring/text Lara on 0429 192 869

Laudato Si dialogue—Commencing August/September an ecumenical group will look together each fortnight at Laudato Si, Pope Francis' letter "On Care for Our Common Home". To register and further information, email: BelconnenSouth@cg.org.au or on 0428625110.

Mental Health—Are you struggling in this time of crisis? CatholicCare Canberra & Goulburn provide an extensive range of services including outreach, counselling and residential support. They are sure to have a service to meet your individual needs. We are here to help! Need to talk? 02 6162 6100.

ACBC National Catholic Men's Gathering for 2020 is now an online event for registered participants. The program will be delivered in four pre-recorded sessions of approximately 1 hour in length (starting 15 Aug). Each session will offer input from a variety of speakers and musicians, along with a response and questions for group discussion or individual reflection. The program offers flexibility so that you may participate individually or gather with others from your parish/diocese or men's ministry group. The intent is to inspire and encourage all Catholic men with a vision for personal discipleship, service and mission in the family, parish, diocese and the world. Registration now available. Go to: bit.ly/cmng2020event.

14th National Prayer Crusade for Vocations—6 Sept-28 Nov. (launched by the Knights of the Southern Cross) praying for an increase in vocations to the priesthood, diaconate and religious life including Chaplains for the Australian Defence Force (both in Australia and overseas). All Catholic organisations/schools/colleges, parishes and individual Catholics throughout Australia are being invited to participate. Each participant is asked to choose one week during the Crusade period and pray the following Crusade Prayer each day: "Heavenly Father, you know the faith, courage and generosity of your people throughout Australia including the men and women serving at home and overseas with the Australian Military Services. Please provide your people in Australia with sufficient Priests, Deacons and Religious to meet their needs and be with them always as they endeavour to meet the challenges of their daily lives. We ask this through Jesus Christ, Your Son. Amen."

My Voice - Youth— seeks to realise the Archdiocesan three-year vision for youth: belong, believe and become. It involves children in articulating their rights and responsibilities within the Church. The project is designed for students in Years 4-7. If you would like to participate in the survey, go to: cgyouth.org.au/myvoice or email youth@cg.org.au for more information.

We pray for...

Those to be baptised: Marco Sorbara

Those who are ill: Arianna Vignale, Lucy Duncan, Stella Lazar, Rod Duncan, Anthony, David Kibbey, Frank Boyle

Anniversaries of death: Bruna Stevenson, Maria Memmolo, Clare O'Connor, Rosa Morabito, Pat Boyle, Alejandro & Orlando Cerda, Alex Skleplic, Petty Gonsalvez, Paul Ryan, Francesco & Francesca Barbaro, Joan Kaucz, Anka Gnjec, Tulla & Sam Brown, Gwen & Mick Gallagher, Michael O'Brien, Odette Gaspardis, Michael McKeown, Flo Daley, Fr Vincent Dowdy, Amelia Kneipp, William Saw, Anna Kieswimmer, Margaret Mary Kelly, Kath Durie, Annie James, Eileen Biggs, Annie Davis, Sr Gertrude Ryan, Michael Heath, Michael O'Connor, Cardinal EB Clancy, Fr Giuseppe Canova, Fr Adrian Cork, James Rice, Kit Dale, Rita Dodson, Noel Honan, Marjorie Kenny, Patricia Robertson, Charlie Morella, Norman Stevenson, Clive Waldren

Recently Deceased: Barbara Develin, Beirut explosion victims, Tom Hallahan, Effie McKeogh, Carmel MacDonagh, Michael Somes, David Clark, Robert Somes, Dante Scorpecci, Rita O'Connor, Denis Hogan, Joyce Cook, Tony Donohoe, Katarina Kish, Sr Mary Agnes, Colleen Cotter, Keith McLaughlin, Peter Becker, Regina Paredes, Hilda Quinones,

Readings of the Day – 19th Sunday in Ordinary Time —Year A

ENTRANCE ANTIPHON: *Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you.*

RESPONSORIAL PSALM: *Lord, show us your mercy and love, and grant us your salvation.*

GOSPEL ACCLAMATION: *Alleluia, alleluia! I hope in the Lord, I trust in his word. Alleluia!*

COMMUNION ANTIPHON: *O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.*

First Reading

1 Kgs 19:9.11-13

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, 'Go out and stand on the mountain before the Lord.' Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

Second Reading

Rom 9:1-5

What I want to say is no pretence; I say it in union with Christ – it is the truth – my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

Gospel Reading

Mt 14:22-33

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost' they said, and cried out in fear. But at once Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord,' he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'

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LITURGICAL MINISTRIES ROSTER				
Lectors			Extraordinary Ministers of Eucharist	
Mass	8/9 Aug	15/16 Aug	18/19 July	1/2 Aug
6.00pm (SPC)	Marcelle Disanayake Felicity de Fombelle	Felicity de Fombelle Damien Balachandran	n/a	n/a
8.00am (SCC)	Louise Zavone Philip Pocock	Louise Zavone Philip Pocock	n/a	n/a
9.30am (SPC)	Jaye Longland Ruth Meadows	Gloria Osborne Colliss Parrett	n/a	n/a
11.00am (SCC)	Mark Hyman Leeann Galloway	Bronwen Grey Veronica Shi Hui	n/a	n/a
5.30pm (SCC)	Gabrielle Wright Liz Porra	Rebekah O'Meagher Jacob Madden	n/a	n/a

St Christopher's Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick, Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla